

Radiogram No. 1021u

Form 24 for 08/12/05

Health Status. Orlan Prep for EVA

GMT	CREW	ACTIVITY
08:00-08:10		Morning inspection
08:10-08:40		Post-sleep
08:40-09:30		BREAKFAST
09:30-10:00		Work prep
10:00-10:15		Daily planning conference (<i>S-band</i>)
10:25-11:05		Activation and inspection of Orlan No. 25, 27. Comm config from DC1 (as necessary)
11:05-11:25	FE-1	BCC (Orlan interface unit) checkout in ПxO
	CDR	BCC (Orlan interface unit) checkout in ПxO
11:25-11:45		Gear prep
11:45-12:45		Orlan and BCC water cooling system separation in DC1
12:45-13:45		Orlan consumables ops
13:45-15:15	FE-1	Physical exercise (RED)
13:45-14:15	CDR	BCC water cooling system separation in ПxO
14:15-15:45		Physical exercise (TVIS), day 1
15:45-16:05		EVA tagup with MCC (<i>S-band</i>)
16:05-16:10	FE-1	On MCC GO: ISS O2 repress from Progress 353 CpПK (Oxygen Supply Facility) (start)
16:10-17:10		LUNCH
17:10-17:15	FE-1	ISS O2 repress from Progress 353 CpПK (terminate)
17:15-17:45		Testing ПOB (EVA support panel) in DC1 and ПxO (Transfer Compartment)
17:45-18:15	FE-1	COЖ maintenance
17:55-18:15	CDR	Testing КБД (pressure equalization vlv) from the ПOB panel in ПxO and DC1
18:15-18:35		ISS Crew / Kent Rominger tagup (Astronaut Office) (<i>S-band</i>)
18:35-18:50		Flight Director / ISS Crew Tagup (<i>S-band</i>)
19:10-20:00	FE-1 CDR assistance	A study of cardiovascular system response to graded cycle ergometer exercise To=19:30 . Tagup with specialists (VHF)
20:00-20:15	FE-1	Report prep
20:00-20:20	CDR	Report prep
20:15-20:20	FE-1	Transfer TVIS, RED, and HRM data to MEC
20:20-20:35		Daily planning conference (<i>S-band</i>)
20:40-21:30	CDR FE-1 assistance	A study of cardiovascular system response to graded cycle ergometer exercise. To=21:02 . Tagup with specialists (VHF)
21:30-22:00		DINNER
22:00-22:30		Daily food prep
22:30-23:30		Pre-sleep
23:30-08:00		SLEEP

Note:

1. See OSTP for references to US activities.
 2. Tagups spacesuit specialist during all activities (*S-band*)
- End of radiogram